

### **Senate Bill 172 – Wellness Policy**

- Woodland elementary will have 20 minutes of planned physical activity inside or outside of the classroom each day. In addition they will receive 2- 50 minute physical education classes per week.
- This activity time can be broken up into segments such as: 15 minutes outside and 5 minutes inside.
- Activity time or any portion may not be taken away from students as a means of punishment or for work completion. Teachers may have the students to do laps. The student would choose between walking and/or running as to not put students at health risk.
- Physical Fitness Videos may be utilized form the resource center or media center. Teachers will not need consent from the office for these videos.